

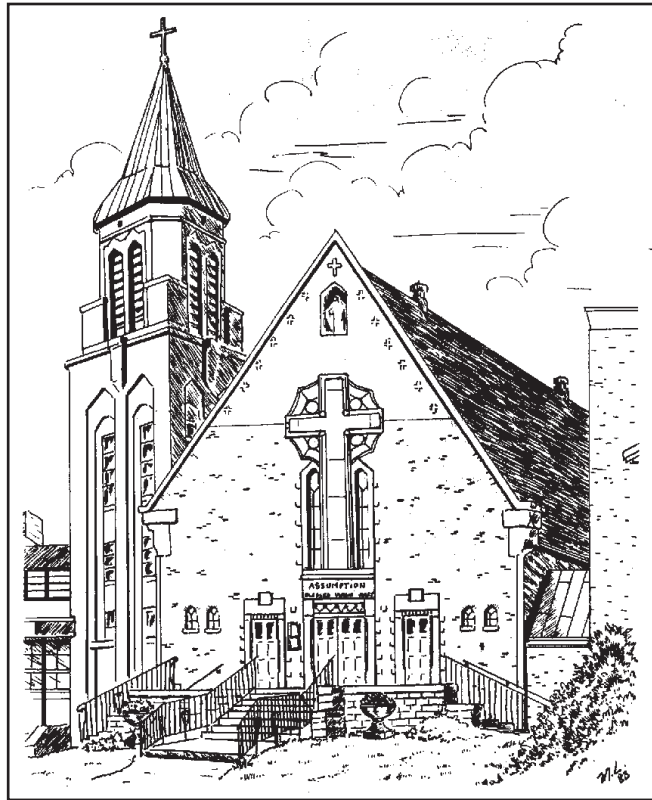


# Assumption of the Blessed Virgin Mary Parish



Served by the Franciscan Friars Conventual

320 Olmstead Street, Vanier, Ontario K1L 7K3    Tel: 613-746-8503    Fax: 343-984-5035  
Email: [assumptionparishchurch@outlook.com](mailto:assumptionparishchurch@outlook.com) • Website: [www.assumptionparishottawa.com](http://www.assumptionparishottawa.com)



## OUR PARISH MISSION STATEMENT (March 10, 1994)

*"We endeavour to build for this community a viable Christian Family that all will consider home."*

### MASS SCHEDULE:

#### WEEKENDS

Saturday: 9:00 am and 4:00 pm (anticipated Mass)  
Sundays: 9:30 am, 12:00 pm (Filipino Mass), 7:00 pm

#### WEEKDAYS

Monday to Friday: 8:00 am

### DEVOTIONS

Rosary 30 minutes before weekday Masses

Community Public Rosary – Every First Saturday of the month, after the 9:00 am Mass

Eucharistic Adoration – Every First Friday of the month 8:30 to 9:00am

Devotion to Our Lady of Perpetual Help – Every Wednesday after the 8:00 am Mass

## PASTORAL TEAM

Pastor:	Rev. Fr. Francis Victor Mateo, OFM Conv.
Deacons:	Rev. Paul Beaudoin Rev. Ricardo Santiago
Pastoral Council Chair:	Dr. Alfredo Formoso
Temporal Council Chair:	Art Guillermo
Administrative Assistant:	Nora Arriola
Resident Friars:	Rev. Fr. Maurice Richard, OFM Conv Rev. Fr. Jeremiah Arguelles, OFM Conv.

## OFFICE HOURS

Monday to Friday  
10:00 a.m. – 4:00 p.m.

## PASTORAL CARE

**BAPTISMS** - If you are a registered parishioner of Assumption Parish (or another parish) and attend Mass regularly, there is no waiting period. You may call the Parish Office to schedule a date and you must attend a Baptism preparation session prior to the baptism. If you belong to another parish, a letter of permission from your Pastor is required. If you are not a parishioner of any parish, you must register, attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

**CONFESSIONS** - First Friday-(during exposition of the Blessed Sacrament), 8:30 am to 9:00 am; First Saturday – 9:30 am to 10:00 am By appointment only; Sundays – 11:30 am to 12:00 Noon, By appointment only.

**MARRIAGES** - One of the couple must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

**SPIRITUAL COUNSELING** - By appointment.

### SACRAMENT OF THE SICK & COMMUNION FOR SHUT-INS -

Anyone who wishes to receive Anointing of the Sick or Holy Communion please call the office to have your name put on the list.

**FUNERALS** - Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial.

**We welcome** new members and visitors to our parish. **Thank you** for praying with us and for helping build a Christian community.

**MASS INTENTIONS:** In the Archdiocese of Ottawa-Cornwall only three (3) intentions at each Mass are allowed. So please contact the parish office to reserve your preferred dates (*at least a week before*). Requests will be handled on a “first come first served basis.” Thank you for your understanding and cooperation.

**ALL are requested to pray for the gift of healing of the mind, body and spirit** of Fr. Pedro Arana, Claude Cloutier, Lucienne Sabourin, Diane Dunn, Cora Guillermo, Ryan Kane, Carol Lee Kane, Marissa Sanchez and Aida Lavoie. *Let us continue assisting them with our prayers and reach out to them in love.*

**SCHEDULE of LECTORS and EXTRAORDINARY MINISTERS of HOLY COMMUNION – Feb. 18 & 19**

**February 18<sup>th</sup>** at 4:00pm – Chit Villanueva & Yola Beloy; Emilyn Suficiencia

**February 19<sup>th</sup>** at 9:30am – Lynn Obero & John Anethua; Melchor Tejero. 12:00pm – Helen Belda & Naty Recario ; Lani Agustin. 7:00pm – Mary Miguel & Gina Distor; Gloria Piol

**POPE FRANCIS’ PRAYER INTENTION  
February 2023**

*We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.*

**ADORATION OF THE BLESSED SACRAMENT**  
8:30 – 9:00 AM only (*First Friday after Mass*)  
6:00 PM (*every Friday followed by Bible reflection*)

**Regular Mass Intentions for the Week**

**Feb. 11 – SATURDAY, 9:00am – Our Lady of Lourdes** (white) For those who are ill, †Betty Barrett by Lynn Obero and San Lorenzo Ruiz Choir; **Sunday Liturgy, 4:00pm** (green) – *Wellbeing of Caroline Sheehan by Debbie Eisl; †Denise Hebert by Charles Hebert; †Betty Barrett by Joan Lepage; †Lourdes Viviezca by Danny & Nora Arriola*

**Feb. 12 – 6<sup>th</sup> SUNDAY in Ordinary Time** (green) – 9:30am †Betty Barrett by Frank Barrett; 12pm – *For the healing of all the sick, in particular the parishioners of Assumption Parish; Wellbeing of the donors of the Philippine Custody; 7pm – For the intentions of our Assumption Parishioners*

**Feb. 13 – MONDAY 8am – Ferial Day** (green), †Betty Barrett by Lynn & SLR Choir

**Feb. 14 – TUESDAY 8am, Memorial of St. Cyril & St. Methodius** (white) †Betty Barrett by Ishi & Boggs Olano

**Feb. 15 – WEDNESDAY 8am, Votive Mass in honor of our Lady of Perpetual Help** (white) *Birthday blessing for Fr. Saviour Karamvellil by Nena Coronel*

**Feb. 16 – THURSDAY 8am, Ferial Day** (green) *Birthday blessing for Christine Laddoo by Nena Coronel*

**Feb. 17 – FRIDAY 8am, Ferial Day** (green) *Birthday blessing for Lilian Ortigosa by Nena Coronel*

**WEEK ENDING COLLECTION REPORT**  
February 4 & 5 - \$2,664.

**OFFERING ENVELOPES 2023** at the main entrance of the church. PLEASE COLLECT THEM. For any clarification, please call the parish office.

**2022 TAX RECEIPTS** The tax-deductible receipts are now available for pick-up at the main entrance of the Church.

**ASH WEDNESDAY MASSES.** On February 22, 2023, Masses will be only during these times: 9:30 AM with the teachers and students of Assumption School (any parishioners are welcome to join) and at seven o'clock in the evening (7PM).

In the Roman Rite, including Canada, **Ash Wednesday is a day of Fasting and of abstinence from meat.** Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open to prayer, to share more in the suffering of those who are starving and to save money to give to the poor. Our fasting is a penitential discipline intended to open our hearts to God and to others, a means of purification and spiritual freedom, a witness of the depth of our Faith.

The law of abstinence from meat binds those who are 14 and older. The law of fasting binds from 18 to 59 years of age. *Exceptions are made for those who are taking medication or those who are sick.*

**New Schedules of the Celebration of the SACRAMENT OF PENANCE.** The following are the regular schedule is every FIRST FRIDAY of the month, from 8:30 AM – 9:00 AM. By appointment options are on First Saturday, 9:30 am–10:00 am and Sunday, 11:30 AM–12:00 noon.

**CONFIRMATION.** The celebration of the Sacrament of Confirmation in our parish is on May 13, 2023 (Saturday), during the 4:00pm Mass. Those who wish to receive the sacrament may **register on or before 25 March 2023.** For more information, please contact the office.

**THE LEGION OF MARY** is inviting everyone to join their group. The Legion is among the largest apostolic organizations in the world. It's leader and protectress is Mary, the Immaculate Mother of Jesus. Those interested, please contact Nena Coronel (613-501-4638) or Mary Stanton (613-748-6191).

## *From the PASTOR'S OFFICE*

The Gospel reading on the **5th Sunday of Ordinary Time** states that Jesus said to His disciples: *"You are the salt of the earth. "But if salt loses its taste, what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot."*

Salt has been an essential preservative since ancient times. In Israel, where most salt used came from the Dead Sea, it contained impurities that caused flavor loss, a shared experience of the people then. In using the metaphor, was it Jesus' intention to point out our humanity as being like *naturally beneficial salt* but was lost due to impurities caused by sinfulness? Jesus, the complete revelation of God's love, proclaimed a remedy: the knowledge of our true selves as creatures of God, created in His image and likeness: *"You are the light of the world."* A light that is *"set on a lampstand, where it gives light to all in the house."* **How do we keep our flavor? How can we give light to others?**

The essential steps we can find in the First Reading of the Mass this **6th Sunday of the Season**, we can find: *"If you choose, you can keep the commandments, they will save you; if you trust in God, you too shall live."* *"Before men are life and death, good and evil, whichever he chooses shall be given him."* (Sirach 15:15 & 17). Indeed, God gave us life from the beginning of creation and is subject to our own free choice! We have the power to choose our behavior and are responsible for the good and the evil we do. **God extends His gracious hand, and it is up to us whether we accept or reject this invitation.**

We ought to pray then with the Psalmist: *Instruct me, O LORD, in the way of your statutes, that I may exactly observe them. Give me discernment, that I may follow your law and keep it with all my heart. (Psalm 119:33-34)*

*Blessed those who seek Him  
with all their hearts!*





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